



Two great companies
come together to offer
you a promising future

Introducing Community Health
Improvement Solutions

Let CHIS provide a new
direction towards a healthy life!

For more information regarding CHIS
in Northwest Missouri, contact CHIS
at 1-800-990-9247.



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Community
Health
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Aetna®

In an effort to improve the quality of life and build healthier communities in Northwest Missouri, Aetna, Heartland Health, and Community Health Improvement Solutions (CHIS), have collaborated to bring innovative solutions that will drive health improvement and provide quality health insurance at a reasonable cost.

CHIS, a Heartland Health company, is a newly formed entity that offers affordable health/wellness programs, health insurance and business services to increase the overall wellness of the community.

CHIS believes that healthy communities create a healthy workforce. Most importantly, they understand the link between individual health and on-the-job productivity. For this reason, their goal is to help employers reduce health risks and decrease health care costs through a variety of high-touch wellness services.

Why Aetna and Heartland Health?

Aetna and Heartland Health have something in common — a commitment to improve the overall health and wealth of the community in Northwest Missouri. Both companies believe in building a strong and secure partnership in order to promote access to high-quality and affordable care.

What they stand for:

- Aetna's mission, values and goals are expressed through the Aetna Way. Aetna is committed to putting members at the center of everything they do and live by a core set of values which include integrity, quality service and value, excellence, and accountability and employee engagement.
- With over 150 years of experience, Aetna offers an outstanding combination of quality coverage and affordable rates, as well as innovative technologies to help members make more informed health care decisions.
- Heartland Health's goal is to help people live healthy and productive lives while providing the right care with outcomes second to none.
- Providing exceptional care and service in an honest, respectful, trustworthy and caring manner is simply the way Heartland operates.

Why is CHIS good for the community?

Through its strong ties to the community, CHIS understands the needs of the community and strives to offer first-class wellness services to help people lead healthier lives. Their hands-on wellness approach to help companies reduce health risks and decrease health care costs classifies them as a leader in community change. CHIS's dedication to employee business health and productivity is visible in the programs they offer such as:

- Onsite health-risk assessment screening
- Onsite counseling conducted by a wellness specialist
- Wellness classes and health fairs

Aetna, as well, helps members maximize their health benefits by offering consumer-directed health plans that increase flexibility, control and choice. Aetna's integrated portfolio of health, dental, pharmacy, life and disability insurance products is designed to help members stay healthy and productive through all stages of life. As one of the nation's leading providers of health care, Aetna has an expansive nationwide networks of more than 523,000 primary care doctors and specialists. Furthermore, Aetna provides coverage for preventive care and online tools that offer one-stop shopping for health, wellness and benefits information. Aetna's reliable health and wellness information and self-manageable resources consists of:

- Wellness programs
- Discounts programs
- Interactive decision-support tools

Together, Aetna and CHIS will work to establish innovative and practical ways to provide quality coverage and wellness services. They offer a wide range of health and benefits options that deliver a valuable difference and superior service that set them aside from any other health insurance alternative. CHIS and Aetna are committed to transforming the community and dedicated to enhancing the health and well-being of Northwest Missouri during the coming years.

